

# kitchen menu

## Allergen information

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## Kitchen serving times

**Monday to Friday: 12pm – 2.30pm & 5.30pm–8.30pm**  
**Saturday: 12–3.30pm & 5.30pm–9pm**  
**Sunday: 12–5pm**

*GF* Gluten Free ingredients *V* Vegetarian  
*Ve* Vegan *🔥* Chilli heat guide

## Starters

### Loaded Nacho's £6.50

Tortilla chips loaded with jalapeños, cheese, guacamole, salsa & soured cream and your choice of:

BBQ Pulled Pork

Katsu Curry sauce *🔥*

Homemade Beef Chilli *🔥*

### Falafel Bites £6.00 *Ve*

Authentic Middle Eastern falafel recipe filled with sweet chilli sauce

### Mac & Cheese Bites £6.00 *V*

Mature cheddar cheese bites filled with macaroni & coated in a crispy crumb

### Chicken Tenders £6.00

Homestyle chicken strips with a peri peri or BBQ dip

### Hoi Sin Duck Bon Bon's £7.00

Shredded duck in a sweet hoi sin sauce rolled in crispy breadcrumbs

### Garlic Pizza Bread £5.75 *V*

Our stunning flatbread topped with cheddar & mozzarella

*Go big or go home* extra large for £9.25

*Add* sweet chilli jam for 50p

*Fun fact*

A death 'Knell' is the ringing of a church bell immediately after a death to announce it!

## Curries

All of our curries are served with rice, poppadums, onion salad & mango chutney

### Kashmir Lamb Rogan Josh *🔥🔥 GF* £10.00

Slow cooked lamb in a caramelised onion and tomato flavoured rogan josh sauce flavoured with cardamom & clove

### King Prawn Goan *🔥🔥 GF* £10.00

Coconut and warm aromatic spices create this tasty hot and tangy Goan local favourite with king prawns

### Delhi Chicken Tikka Masala *GF* £9.50

Chicken breast cooked in a sumptuous creamy tomato base spiced with roast cumin & fenugreek

### Vegetable Penang *Ve, V, GF, 🔥* £9.50

A fiery vegan aromatic coconut sauce with cauliflower, green beans, mange tout and peppers

*Curry Night* every Thursday night enjoy 2 curries for £16

*Fun fact*

The Tsar Bell is a 6.14 metre tall, 6.6 metre diameter tower bell on display on the grounds of the Moscow Kremlin.

## Bell Burgers

Served in our gourmet buns with lettuce, onion & sliced tomato with skinny fries & homemade slaw

*Double up* Add an extra 6oz steak burger or buttermilk chicken for £2.50

### Classic £9.50 *B*

6oz Steak burger loaded with pickles & melted cheese

### Katsu Frickin' Chicken £10.50 *B*

Buttermilk breaded chicken smothered in Katsu curry sauce with onion rings

### French Canadian £10.50 *B*

Buttermilk breaded chicken topped with melted brie, maple soaked streaky bacon

### Pig Out £13.00

6oz Pork & apple burger topped with BBQ pulled pork, chorizo & smoked streaky bacon *Add Monterey jack for 75p*

### Old Tom £11.50

6oz Steak burger topped with sliced mushrooms and melted Stilton

### Liberty Reworked £10.50 *B*

Buttermilk breaded chicken loaded with smoked streaky bacon, sweet chilli jam & onion rings

### Cajun Burger *V VE* £10.50 *B*

Cajun vegetable burger topped with onion rings

### Oklahoma Bell £11.00 *B*

6oz Steak burger loaded with melted cheese, fried onions, BBQ sauce & onion rings

### Belltower £11.00 *B*

6oz Steak burger loaded with smoked streaky bacon, & melted cheese *Add BBQ pulled pork for £2.00*

*Fun fact*

'Bell' is a small town in Oklahoma USA with a population of around 500!

## PIE & MASH

### Cowbell £10.00 *Inn West*

A british beef steak & ale pie served with petit pois, mashed potato & gravy.

### Bell Rock Lighthouse Pie £10.50 *GF*

Hake, salmon, smoked haddock & prawns in a creamy leek sauce topped with mashed potato & cheese finished under the grill. served with petit pois, mashed potato & gravy.

### Forest Whitaker £10.00 *Ve, V*

A creamy vegan 'chicken' pie with celeriac, smoked garlic & sherry. Served with petit pois, mashed potato & gravy.

*Pie Night* every Tuesday night enjoy any 2 pies for £17

## SKINNY DISHES

### Grilled Chicken Katsu £9.50 *GF*

Chicken breast butterflied & grilled covered in an aromatic katsu curry sauce, served with basmati rice & house salad

### Avocado King Prawn Salad £10 *GF*

Grilled prawns & supreme guacamole with iceberg, peppers, onions & tomato

### Steak Salad £12

Rump steak strips finished in our oyster sauce served with basmati rice & house salad

*Our penang curry is a skinny option too*

## KITCHEN FAVOURITES

### Homemade Chilli Con

#### Carne £9.50 *Can be made GF*

Served with rice, nachos, guacamole, salsa & soured cream

### Large Beer Battered Cod £10.00

Cod fillet in our homemade real ale beer batter and served with surf chips, peas & homemade tartare

*Fish Fry days* every Friday enjoy 2 fish dishes for £17

### Hunters Chicken *GF* £10.50

BBQ smothered chicken breast topped with smoked streaky bacon & melted cheese served with fries, salad & slaw

### Durango Chicken £10.75 *🔥*

Chicken breast marinated in fajita seasoning oven baked and topped with crushed tortilla chips, melted cheese & the Mexican flag of salsa, guacamole & soured cream. Served with basmati rice

### Stilton & Mushroom

#### Linguine £10.75 *V*

Pasta, mushrooms & stilton in a creamy white wine sauce served with garlic pizza bread

### Bell Fried Chicken £11.00

Homestyle fried chicken strips served with fries, homemade slaw, onion rings & BBQ beans

### Rump Steak £14.50

10oz Rump steak cooked to your liking served with mushrooms, roast tomato, onion rings & fries

*Add peppercorn sauce for £2.00*

### Char Siew Pig Belly £15.00

Slow cooked, pressed pig belly strips grilled in an oyster & soy sauce served with mashed potato, roast tomato, mushrooms, onion rings

### Turf & Cluck £17.95

10oz Rump steak cooked to your liking, Bell fried chicken strips, mushrooms, roast tomato, onion rings, fries & katsu ketchup

## Roman PIZZA

Flat bread pizza cooked to order in our pizza oven and served with garlic mayo dip (equivalent to 11")

### Pete Tsar £8.00 *V*

Classic margherita cheese & tomato

### Pepperoni £10.00

Margherita topped with pepperoni

### Baby Bell £10.00 *V*

Pete Tsar topped with stilton & jail ale chutney

### Southern Belle £10.00 *🔥*

Spicy beef chilli base loaded with cheddar, mozzarella & meatballs

### Americana £10.00

Margherita topped with pepperoni & meatballs *Add jalapenos 50p*

### Quebec £10.50 *🔥*

Spicy diced chicken, maple streaky bacon, sweet chilli jam & French brie

### Three Bells Reworked £10.50

BBQ base loaded with cheddar, mozzarella, pulled pork, chorizo & pepperoni

### Texan Farmhouse £10.95

BBQ base loaded with cheddar, mozzarella, onions, spicy diced chicken, smoked streaky bacon & mushrooms

### Chilli Prawn £10.95 *🔥🔥*

Margherita base topped with peppers, onions, king prawns, sweet chilli jam & chilli flakes

## Pizza Bolt-ons

Hickory Smoked BBQ Sauce 50p

Sweet Chilli Sauce 50p

BBQ Beans £1.50

Dirty Beans £1.80

Coleslaw £1.00

## Function Room hire

**Book your party, meeting, wake or event in our function room! Seats up to 32, available for use free of charge when eating with us**

**Call us to book now: 01626 351161**

**Bell Inn Pub & Kitchen**  
Kingsteignton TQ12 3AX  
📞 kingsteigntonthebell

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## DIRTY FRIES

**Cheesy Fries £4.50 *V, GF***  
 Surf fries loaded with cheese

**Hunter £5.00 *GF***  
 Surf fries topped with smoked streaky bacon, BBQ sauce & melted cheese

**Gatherer £5.00 *GF***  
 Surf fries loaded with bbq pulled pork & melted cheddar & mozzarella

**Retriever £5.50 *GF***  
 Surf fries topped with smoked streaky bacon & blue cheese

**Texan £5.50 *GF***  
 Surf fries loaded with our homemade beef chilli con carne, cheddar & mozzarella

**Katsu £6.00**  
 Surf fries loaded with Bell Fried chicken & katsu curry sauce  
*Add. cheese for 50p*

## BASKET MEALS

Served 12–2.30pm Monday to Saturday

**B.L.T**  
 Served in a sour dough roll with a handful of fries

**Small Cod & chips**  
 Served with tartare sauce

**Chicken Tenders**  
 Served with chips and katsu ketchup

**Chilli Con Carne *GF***  
 Served with rice & soured cream

**Bangers & Mash**  
 Served with mash & gravy

**Mushroom Linguine *V***

**King Prawn Salad *GF***  
**£7.95 Each or Two for £15**

## Knell Bell Challenge

Complete the Knell Bell challenge burger to join our 'Wall of Fame' & win a free pizza

- 1x 6oz steak burger
  - 1x 6oz pork & apple burger
  - 1x buttermilk chicken breast
  - 4x smoked streaky bacon rashers
  - BBQ pulled pork
  - Monterey jack cheese
  - Sourdough bun
  - Onion rings
  - BBQ beans
  - Chips
  - Salad and slaw
- £19.00 each**

1 hour to clear the plate to get on our 'Wall of Fame' & win a voucher for a free pizza on your next visit! (No prizes for sharing!) Allow 45 minutes preparation time, booking required for group challenges

## Sunday ROASTS

Served Sundays 12–5pm Eat In or Takeaway

Choice of meats, crisp fluffy roast potatoes, homemade Yorkshire pudding, stuffing, 3 seasonal vegetables & gravy.

**£9.50 each or 2 for £17**  
**Childs Roast £5.00**

*Meatless roast & gluten free gravy option also available. Just ask your server.*

## DESSERT KITCHEN

**Profiteroles £5**  
 Served with warm chocolate sauce

**Chocolate Brownie £5**  
 Served warm with vanilla ice cream

**Sticky Toffee Pudding £5.25**  
 Served with hot custard

*Check out our Daily Specials for more tasty desserts!*

## EXTRAS

**Extra Scoop of Vanilla Ice Cream £1.00**

**Jug of Custard (Hot or Cold) £1.50**

**Jug of Hot Chocolate Sauce £1.75**

## Cheesecake parlour

Our buttery biscuit topped with luscious vanilla cheesecake overloaded with naughty toppings!

**The Chocoholic**  
 Cheesecake loaded with profiteroles, chocolate brownie, toffee sauce & vanilla ice cream

**The Unicorn**  
 Cheesecake loaded with vanilla ice cream, meringue pieces, marshmallows, candy laces, whipped cream & candy floss

**The Mary Jane**  
 Cheesecake topped with vanilla ice cream, strawberry sauce & fresh fruit

**The Aerobubble**  
 Cheesecake loaded with ice cream, mint aero pieces, chocolate chips, whipped cream & chocolate sauce

**The Jaffa**  
 Cheesecake loaded with ice cream, jaffa cake pieces, chocolate sauce, whipped cream & sprinkles!

**£6.95 Each**

**Available All Day, Every day\***

*\*Please allow up to 15 minutes extra preparation time during busy periods*

## Cocktails

Lift your spirits with a delicious cocktail!

**Long Island Iced Tea**  
 Vodka, gin, white rum, lemon, Coke & lime

**Pink Lagoon**  
 Pink gin, lemon, aromatic tonic & Grenadine

**Mai Tai**  
 White Rum, Cointreau, lime, orgeat & pineapple

**Caramel Rum Martini**  
 Caramel rum & espresso vodka

**Raspberry Mojito**  
 Raspberry rum, lime, mint & soda

**£7.95 each**

*Midweek Madness*  
 2 of the same cocktails for £14 every wednesday 6pm–10pm

**Bell Royale £10.95**  
 Chambrorde Royale & prosecco

**Mimosa £8.95**  
 Prosecco & orange juice

## Mocktails

**Slush Puppy £2.95**  
 Cranberry, lemon & Grenadine

**Ginger Fizz £2.95**  
 Ginger ale, mint & Soda

**Faux Royale £3.95**  
 Appletiser, Grenadine & fresh fruit

**On The Beach £3.95**  
 Cranberry, orange, lemonade & Grenadine

## Barista Coffee

Our team are barista trained for the perfect after dinner coffee made on our barista machine with premium Crema d'ora beans

## Burger Club

**2 for £17 • 5.30–8.30pm**  
 Every Monday get 2 burgers for £17. Just look for the *B* symbol

## Fish FRYdays

**2 for £17 • 6–9pm**  
 Every Friday lunch and dinner, enjoy 2 cod & chips, peas and tartare sauce for only £17

## Midweek Madness

**2 cocktails for £14 • 6–10pm**  
 Choose any 2 of the same cocktail for only £14 every Wednesday 6–10pm

## Sunday Roasts

**£9.50 each or 2 for £17**  
**Childs roast £5 each**  
 Served with vegetables, roast potatoes, Yorkshire pudding & homemade stock pot gravy

## Curry Night

**2 for £16 • 5.30–8.30pm**  
 Choose any 2 of our curries for only £16 every Thursday night

## Free Pool

**Every Sunday**  
 Join us for **FREE** pool every Sunday. Why not grab some food from our delicious menu too

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**Call us 01626 351161**  
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## Meat Draw

**Every Sunday from 4.30pm**  
 Take part in our weekly meat draw, ask our staff about tickets